

Program Outcomes (PO'S) and Course Outcomes (CO'S)

PSYCHOLOGY



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Upon completion of the undergraduate course in Psychology, students can expect to achieve the following learning outcomes:

- 1. **Foundational Understanding of Psychology:** Develop a comprehensive understanding of the foundational theories, concepts, and historical developments in the field of psychology.
- 2. **Social Psychology Knowledge and Application:** Acquire knowledge of social psychological theories and phenomena, including social influence, group dynamics, prejudice, and interpersonal relationships. Apply this understanding to analyse and explain social behaviours and interactions.
- 3. **Child Psychology Expertise:** Gain an in-depth understanding of child development, including cognitive, emotional, and social aspects. Analyse and interpret developmental milestones, identify factors influencing child behaviour, and comprehend the impact of environment on child growth.
- 4. Clinical Psychology Competence: Develop competence in clinical psychology, including the assessment, diagnosis, and treatment of psychological disorders. Understand therapeutic approaches, ethical considerations, and cultural factors influencing clinical practice.
- 5. **Biopsychology Proficiency:** Explore the relationship between biological processes and behaviour. Understand the role of the brain, nervous system, and genetics in influencing psychological functions and behaviour.
- 6. **Health Psychology Knowledge:** Gain insight into the interconnection between psychological factors and physical health. Explore how behaviours, attitudes, and stress impact overall well-being. Understand health promotion and illness prevention strategies.
- 7. **Psychometrics Mastery:** Acquire proficiency in psychometric methods, including the design and interpretation of psychological tests and measurements. Understand the principles of reliability, validity, and standardization in psychometric assessment.
- 8. **Criminal Psychology Understanding:** Develop a foundational understanding of criminal psychology, including the psychological factors contributing to criminal behavior. Explore the role of forensic psychology in legal and criminal justice contexts.
- 9. **Research Skills:** Develop skills in research design, data collection, and statistical analysis. Apply research methods to investigate psychological phenomena, critically evaluate existing research, and contribute to the advancement of psychological knowledge.
- 10. **Critical Thinking and Analytical Skills:** Cultivate critical thinking skills to analyse and evaluate psychological theories, research findings, and real-world applications. Apply critical thinking in problem-solving and decision-making.
- 11. **Effective Communication Skills:** Enhance written and oral communication skills, enabling the clear and concise articulation of psychological concepts, research findings, and theoretical perspectives.
- 12. **Ethical and Professional Conduct:** Understand and adhere to ethical principles and standards in the practice of psychology. Develop awareness of cultural diversity, societal issues, and the importance of promoting inclusivity in psychological practice.
- 13. **Integration of Knowledge:** Integrate knowledge across different subfields of psychology to analyse complex psychological phenomena from a holistic perspective.
- 14. **Preparation for Further Studies and Careers:** Prepare for advanced studies in psychology or related fields, or enter the workforce equipped with a versatile skill set

applicable to various professions, including counselling, human resources, research, and mental health advocacy.

These learning outcomes aim to provide a well-rounded education in psychology, covering diverse subfields and equipping students with the knowledge and skills needed for both further studies and professional applications.